

# CARRY-ON PACKING LIST

DIARY OF A WANNA BE WORLD TRAVELER

## ESSENTIALS

- ID/Passport/Visa
- Credit/Debit Cards/ Cash
- Travel Documents
- Medicine
- Compression Socks
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## SLEEP

- Pillow
- Blanket
- Ear Plugs
- Eye Mask
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## EAT

- Protein Bars
- Almonds
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## HYDRATE

- Water Bottle
- Lotion
- Lip Balm
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## SANITIZE

- Hand Sanitizer
- Lysol Wipes
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## REFRESH

- Mints/Gum
- Deodorant
- Eye Drops
- Toothbrush
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## ENTERTAINMENT

- Kindle
- Phone
- Headphones
- Chargers/ Adapter
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